

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

Eggs & Hash Brown Potatoes **5**  
 \*Toast & Jelly  
 Fresh Fruit  
**\*Soft Shell -Beef Tacos**  
 Spanish Rice & Refried Beans  
 Lettuce, Salsa, Cheese & Tomatoes  
 Sidekicks-Frozen Desserts

\*Pancake on a Stick **6**  
 Maple Syrup  
 & Applesauce  
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**Old Fashion Baked Ham**  
 Sweet Potatoes & Green Beans  
 \*Corn Bread & Pineapple Tidbits

\*Ham & Cheese Bar **7**  
 Sliced Pears  
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**\*Chicken Nuggets**  
 With BBQ Sauce  
 Fresh Green Salad  
 \*Cracker & Fresh Fruit

\*Breakfast Burrito-Salsa **1**  
 Fresh Apples  
 ~  
**Braised Beef over \*Rice**  
 Seasoned Corn  
 Steamed Broccoli  
 \*Dinner Roll & Fresh Fruit

\*Cream of Wheat Cereal **2**  
 \*Toast & Fresh Fruit  
 ~  
**\*Pepperoni Pizza**  
 Tossed Salad & Green Beans  
 Fresh Fruit

\*Oatmeal with Brown Sugar **8**  
 Toast & Jelly  
 Sliced Peaches  
 ~  
**\*Bean & Cheese Burrito**  
 Steamed Corn & Spanish Rice  
 Fresh Fruit

\*Breakfast Pizza **9**  
 Fresh Pears & Apples  
 ~  
**GCCS Smother Beef**  
 over Garlic Mashed Potatoes  
 Squash Casserole  
 \*Dinner Roll & Fresh Fruit

\*Warm Biscuit & Sausage **12**  
 Sliced Peaches  
 Fresh Fruit  
 ~  
**\*Grilled Cheese Sandwich**  
**Chicken Soup**  
 Fresh Salad & Apples

Yogurt & \*Muffins **13**  
 Sliced Apples  
 ~  
**\*Corn Dogs**  
 Crispy French Fries  
 Steamed Broccoli  
 Fresh Strawberries

Scrambled Eggs & Sausage **14**  
 \*Toast with Jelly  
 Fresh Fruit  
 ~  
**Homemade Spaghetti & Meatballs**  
 \*Garlic Toast & Tossed Salad  
 Orange Smiles

Sausage Gravy on \*Toast **15**  
 Sliced Apples  
 ~  
**\*Macaroni & Cheese**  
 Hot Vegetable & Dinner Roll  
 Fresh Fruit

\*Pancakes **16**  
 Maple Syrup & Pears  
 ~  
**Hamburgers on a \*Buns**  
 Crispy French Fries & Baked Beans  
 Lettuce & Tomatoes  
 Fresh Banana

\*Oatmeal with Brown Sugar **19**  
 Toast & Jelly  
 Sliced Peaches  
 ~  
**\*Pepperoni Pizza**  
 Tossed Salad & Green Beans  
 Pineapple Tidbits

\*Pop-Tart **20**  
 Fresh Fruit  
 ~  
**Pork Posole (Stew)**  
 With \*Flatbread  
 Tossed Salad & Ranch  
 Mandarin Oranges

\*Cinnamon French Toast **21**  
 Maple Syrup & Oranges  
 ~  
**\*Oven Fried Chicken**  
 Mashed Potatoes & Gravy  
 Corn, \*Bread & Fruit

\*Sausage Gravy on Toast **22**  
 Fresh Apples  
 ~  
**\*Asian Orange Chicken**  
 Yellow Rice & 4-Way Veggies  
 Steamed Broccoli  
 Fortune Cookies, Peaches

\*Oatmeal with Brown Sugar **23**  
 Toast & Jelly  
 Peaches  
 ~  
**\*Hot Dogs**  
 \*Chips & Baked Beans  
 Fresh Fruit

\*Assorted Muffins **26**  
 Sliced Apples  
 ~  
**Chicken \*Nachos**  
 Beans & Tossed Salad  
 Pineapple Tidbits

Eggs & Hash Brown Potatoes **27**  
 \*Toast & Jelly  
 Fresh Fruit  
 ~  
**Native Tacos on \*Flatbread**  
 Refried Beans & Corn  
 Lettuce, Salsa, Cheese & Tomatoes

\*Oatmeal with Brown Sugar **28**  
 \*English Muffin & Jelly  
 Raisins & Sliced Peaches  
 ~  
**\*Pepperoni Pizza**  
 Tossed Salad & Green Beans  
 Pineapple Tidbits

\*Breakfast Burrito-Salsa **29**  
 Fresh Apples  
 ~  
**\*Homemade Spaghetti**  
 \*Garlic Toast & Green Beans  
 Fresh Fruit & Orange Smiles

\*Breakfast Pizza **30**  
 Fresh Pears & Apples  
**Open Face Beef Patty \*Sandwich**  
 Brown Gravy & Mashed Potatoes  
 Mixed Vegetables



**Offered Daily for Breakfast:** 100% Fruit Juice, Fresh Fruit, Carroteenies, Canned Fruit & 1% Milk & Fat Free Milk  
**Offered Daily for Lunch:** Fresh Salad Bar with Fruit & Vegetables, 1% Milk & Fat Free Milk (FF) Chocolate Milk  
 A cold second entree choice is offered for Lunch: Yogurt Combo Pack (Substitutes menus may sometimes be necessary.)  
 Items with this \* symbol means =Whole Grain Rich Products. **GCCS is an equal opportunity provider.**