

APRIL 2017 Gila Crossing Community School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

April is named for the Greek goddess of love, Aphrodite. The name for the month of April originally came for Aprilis which means to open. The name Aprilis is very appropriate because in so many places the trees and flowers begin to bloom and go on to flower during the month of April.

3
Blueberry Muffin(117), Raisins
Chicken Nuggets(160)
WG Roll(85)
OR
Tuna Snack Pack
Oven Fries

4
WG Waffles,
Sausage Patty, Grapes
Pasta w/ Meat
Sauce(200)
Garlic Bread(100)
OR
Yogurt Combo Pack

5
Ham & Eggs(100),
WG Biscuit, Oranges
Chili w/ Beans(270)
Corn Bread(220)
OR
Tuna Snack Pack
Carroteenies

6
Raisin Bagel(170) w/
Cream Cheese(45),
Apple
Chicken Egg Roll(160)
OR
Tuna Snack Pack
Fried Rice, Broccoli

7
WG Breakfast
Wrap(180), Peaches
Pepperoni Pizza(270)
OR
Tuna Snack Pack
Steamed Corn

10
Apple Cinnamon
Muffin(117),
Craisins
Chicken Strips(160)
WG Roll(85)
OR
Yogurt Combo Pack
Green Beans

11
Biscuits(210) &
Gravy(50), Peaches
Pepperoni Stuffed
Sandwich
OR
Tuna Snack Pack
Roasted Squash

12
Cheese Omelet(130),
Hashbrowns(170),
Pears
Bean Burrito(380) w/
Spanish Rice(75)
OR
Yogurt Combo Pack
Steamed Corn

13
Breakfast Burrito(210),
Cantaloupe
Mini Cheeseburgers
(150)
OR
Yogurt Combo Pack
Baked Beans

14
NO SCHOOL

17
Banana Muffin(117),
Mixed Fruit
Grilled Cheese
Sandwich(220)
OR
Tuna Snack Pack
Sweet Potato Fries

18
Oatmeal(150),
WG Breakfast
Bar(276), Peaches
Cheese Ravioli(220)
Garlic Bread(100)
OR
Tuna Snack Pack
Green Peas

19
Scrambled Eggs(78),
Turkey Bacon(60),
Fresh Pear
Chicken Soft Tacos
WG Tortilla(120)
OR
Tuna Snack Pack
Refried Beans & Rice

20
Yogurt(100) &
Granola(90)
Apple Slices
WG Corn Dog(240)
OR
Tuna Snack Pack
Mixed Vegetables

21
Apple Frudel(230),
Fresh Berries
Pepperoni Pizza(270)
OR
Tuna Snack Pack
Steamed Corn

24
Chocolate Chip
Muffin(117), Apples
BBQ Chicken Leg(140)
WG Roll
OR
Tuna Snack Pack
Tepary Beans

25
Nutrigrain Bar(160),
Banana
WG Macaroni &
Cheese(282)
OR
Yogurt Combo Pack
Steamed Broccoli

26
Chorizo & Eggs(240),
WG Tortilla(120),
Pears
Beef Nachos(270) w/
Baked Tostitos(120)
OR
Yogurt Combo Pack
Refried Beans

27
Oatmeal(150),
WG Breakfast
Bar(276), Peaches
Baked Chicken(140)
WG Roll(150)
OR
Yogurt Combo Pack
Mashed Potatoes

28
Egg & Cheese Sammy,
Sausage Patty,
Apricots
Personal Pan
Pizza(280)
OR
Yogurt Combo Pack
Steamed Carrots

Breakfast:
A variety of cereals
and juice are available
every day.

Lunch:
Unlimited Salad Bar is
available everyday
unless otherwise
indicated.

1% and Fat Free milk
is available at every
meal.

**Chocolate and
Strawberry Fat Free
milk is offered on
Fridays.**

**Substitute menus may
sometimes be
necessary.**

(###)=Calories per item

**This institution is an
equal opportunity provider.**